Chapter 8 Mountain-moving theories: Feminist, decolonising and anti-oppressive approaches

Useful websites and readings

[*‘Cultural responsiveness in action: Co-constructing social work curriculum resources with Aboriginal communities’ – Bindi Bennett, Helen Redfern, Joanna Zubrzycki, British Journal of Social Work*](https://academic.oup.com/bjsw/article/48/3/808/3868132)

This article in the *British Journal of Social Work* introduces the theory and practice of decolonising Australian social work education. Aboriginal and Torres Strait Islander ways of knowing, doing and being inform the development of a culturally responsive curriculum that further contributes to the decolonisation of social work practices.

[Feminist Social Work – The Social Work Graduate](https://www.thesocialworkgraduate.com/post/feminist-social-work)

This online resource for social work graduates introduces and summarises feminist social work in historical and contemporary contexts. The central themes, goals and assumptions of the feminist social work practice approach are described. The approach, as applied at both the micro and macro levels, strives to disrupt power imbalances and create social, structural and cultural change.

Multimedia links

[Aboriginal narrative therapy: Decolonising identity stories – Tileah Drahm-Butler [YouTube]](https://www.youtube.com/watch?v=oWcZqHF8J2E)

Tileah Drahm-Butler is a Durrumbal woman and social worker living in Kuranda, Far North Queensland. In this video, Tileah discusses how narrative therapy can be used as a decolonising practice. In this context, narrative therapy rejects the ‘problem story’, and honours an alternative ‘strong story’ that tells of the ways First Nations individuals, families and communities have stood up to and resisted colonisation.

[Critical Concept: Anti oppressive practice – Aabha Brown [YouTube]](https://www.youtube.com/watch?v=yX7Oz7ir-IE)

Professor Aabha Brown is a Clinical Assistant Professor at the University of Houston Graduate College of Social Work. In this video, Professor Brown introduces the ten key components of anti-oppressive social work practice, and highlights how the profession draws from a large range of disciplines and perspectives to inform its practice with individuals, families and communities.

[Unpacking the meaning of oppression – Ayesha Haq, TEDxUCincinnati [YouTube]](https://www.youtube.com/watch?v=bUQqhl-Fjwk)

In this TED Talk, Ayesha Haq discusses what oppression means from the perspective of a Muslim woman living in America. Ayesha highlights how Muslim women can be empowered to overcome the oppressive Western narratives that have been created about them and define what it means to be a Muslim woman in the 21st century.