

I had an experience that taught me something yesterday. My friend Paul won our tennis match yesterday morning. I felt tired halfway through the match because I hadn't had a very good breakfast and hadn't slept well the night before. An old couple at the park was having a little argument while they watched us play. The man wanted to give me advice on my tennis game, but his wife stopped him from saying anything. I was embarrassed that the man was watching. Also, I was disappointed in how badly I played, because I used to beat Paul at tennis all the time. He was nice about it, though. He didn't brag* about winning the match. I had something to eat and rested after the match. I felt much better then. I have learned that practice, food, and sleep are important. Paul and I have got another match next week. I have decided to practice a lot before then, to have a good breakfast every morning, and to get enough sleep every night.

Write a similar paragraph about an experience that taught you something. Use these questions as a guide:

1. What happened?
2. What did you learn from the experience?
3. How has it changed you?

Use the space below to make a brief outline. Then write your composition on a separate piece of paper.

[illegible]