



CAREER RESEARCH

Low-beginner

In order for students to write reports at work or research papers in a post-secondary environment, they should feel comfortable doing research.

Lesson objectives:

- Talk about research
- Research goal setting

Warm up

- Before class: write the lesson objectives on the board. Ask Ss: *What is research?* Elicit answers such as a *way to find important information on a topic*.
- Tell Ss that it's important to research their potential careers by reading articles, books and information online.
- Remind Ss that they will need to conduct research to write reports at work or papers in a post-secondary education environment.

Presentation

- Give each S a copy of Activity Worksheet 4B. Encourage Ss not to feel overwhelmed by the long reading passage. Remind Ss to use a dictionary when doing research.
- Ask Ss to skim the passage and underline or circle unfamiliar words. Review the words as a group and write simple definitions or draw pictures on the board.
- Ask Ss: *Who wrote this passage? Where did it come from?*
- Read the passage together as a class slowly. Review and reread the passage as needed.

Practice

- When you have finished reading the passage together, read the questions in part B. Ensure Ss understand the activity. Walk around the room and help Ss complete the worksheet correctly.
- When students have finished their worksheets, explain that they just researched an important career topic: *goal setting*.

Evaluation

- Ss work with partners to discuss their answers in part B.
- Ss add the completed Activity Worksheet to their Career Portfolio.



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Name: _____

Career of interest: _____

A. Read the passage.

Setting Goals for the Future

What do you want your future to look like? Do you want to develop skills for a better job? Do you want to graduate from college? No matter what you want in the future, one of the best ways to get there is by setting goals.

Setting goals means making a decision about what you want to achieve. It requires finding out what you need to do to achieve that goal. It also requires planning how long it will take to achieve the goal.

Making choices about the future can be difficult. We often focus only on the present. To think about your future goals, take a few minutes and imagine what you want your life to be like in one, two, or three years. Where will you be? What will you be doing? How will you feel?

There are a number of important points for you to keep in mind when setting a goal. It should be detailed, measureable, and realistic and it should have a completion date.

B. Answer the questions. Write complete sentences.

1. Why does *setting a goal* mean?
2. Why is it important to set goals?
3. What is an example of one of your goals?
4. When do you hope to achieve your goal?