MEDICINE

TITLES

AUTUMN | 2018
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CORE TOPICS IN CARDIOThorACIC CRITIcal CARE

Second edition

Edited by Kamen Valchanov, Nicola Jones
Papworth Hospital, Cambridge
and Charles W. Hogue
Northwestern University, Illinois

Most patients with critical cardiac or thoracic conditions will at some stage pass through the cardiothoracic critical care unit. Critical care presents more complex clinical data than any other area of medicine. The new edition of Core Topics in Cardiothoracic Critical Care focuses on the latest practise in the management of patients in cardiothoracic intensive care. The practice of cardiothoracic critical care medicine is constantly evolving, and this new edition reflects the modernized learning styles for trainees. Each chapter includes key learning points as well as sample multiple choice questions and answers to assist in exam preparation. This edition also features updated chapters on ECMO, perioperative management of patients undergoing emergency cardiothoracic surgery, and advanced modes of organ support for patients. This text provides key knowledge in a concise and accessible manner for trainees, clinicians and consultants from specialities and disciplines such as cardiology and anaesthesia, and nursing and physiotherapy.

CONTENTS


WHY IT WILL SELL

- The new edition reflects the evolution in cardiothoracic intensive care, ensuring that readers are brought up to date on the subject
- Has an improved structure following the Faculty of Intensive Care Medicine (FICM) curriculum, which reflects the modernized learning styles for trainees
- Contains expanded chapters on extracorporeal membrane oxygenation (ECMO), which is specific to cardiothoracic intensive care, and includes learning material for all readers on the subject

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ANESTHESIA
PRINCIPLES OF GERIATRIC CRITICAL CARE

Edited by Shamsuddin Akhtar
Yale University School of Medicine, Connecticut
and Stanley Rosenbaum
Yale University School of Medicine, Connecticut

The proportion of the population of octogenarians and elderly patients presenting for intensive care is rapidly increasing thus exacerbating the need to modify our critical care management to cater for this patient group. This book will provide practical guidance on all issues related to the critical care of elderly patients, incorporating physiological and epidemiological information, clinical guidance, ethical and end-of-life issues and advice about optimal use of drugs and new technologies. Complications of polypharmacy, high-risk surgery and increased recovery times are also discussed. Chapters are concise, each including a list of key points and summary of available data, making this a quick reference for experienced consultants, as well as a useful resource for trainees preparing for exams.

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ADDITIONAL INFORMATION

Level: medical specialists/consultants, specialist medical trainees
CORE TOPICS IN ANAESTHESIA
AND PERI-OPERATIVE CARE OF THE
MORBIDLY OBESE SURGICAL PATIENT

Edited by Christopher Bouch
Leicester Royal Infirmary

and Jonathan Cousins
St Mary’s Hospital, London

An essential read for healthcare providers across all disciplines, this book is a comprehensive guide to the peri-operative management of the obese patient. Providing practical guidance on specific aspects of physiology, pharmacology and anaesthetic technique, it addresses the increasing prevalence of obese patients in both elective and emergency settings and the need for a definitive text on the perioperative care for these patients. With content mapped to the Royal College of Anaesthetists learning matrices, the book covers key topics such as:

• Epidemiology of obesity
• Pathophysiology of obesity
• Pre-operative assessment
• Intra-operative management
• Post-operative care
• Bariatric surgery.

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ADDITIONAL INFORMATION

Level: medical specialists/consultants
MANAGING COMPLICATIONS IN PAEDIATRIC ANAESTHESIA

Martin Jöhr

Luzerner Kantonsspital, Switzerland

Committed to providing safe anaesthetic care for paediatric patients, it is of paramount importance for clinicians to learn from suboptimal situations in order to continuously improve clinical performance. The first resource of its kind, this text analyses a selection of fascinating case studies and evaluates best practice in providing safe anaesthesia to children with recommendations on how to avoid the most common clinical pitfalls. Featuring over seventy chapters, topics include airway-related problems, vascular access, regional anaesthesia, medication related problems and the management of patients with pre-existing conditions. Each case study is supported by full colour images, making this essential reading for consultants and trainees in anaesthesia.

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ADDITIONAL INFORMATION
Level: medical specialists/consultants, specialist medical trainees

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PRACTICAL OPERATING THEATRE MANAGEMENT

Measuring and Improving Performance and Patient Experience

Edited by Jaideep Pandit

Oxford University Hospitals

Distilling the ideas central to managing operating theatres, this book provides a practical and easy to use toolkit to improve theatre efficiency and patient outcomes. It advocates using time as the key measurement and proposes a new norm of operating theatre management based on rational, data-driven principles. Notions of ‘efficiency’ and ‘scheduling’ are clearly defined, and a scheduling toolkit available to download accompanies the work. The book’s easy to use format supports managers in list planning, performance monitoring and demand-capacity matching while considering limited budgets and resources. It includes contributions from around the world, demonstrating the global application of its core approach. Aimed primarily for operating theatre managers, this book will also interest consultants, senior trainees, nurses and administrators who are involved in the daily running of the operating theatre and/or want to develop their leadership/managerial skills.

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Additional Resources: http://www.cambridge.org/9781316646830
Time management calculator tool, CSA scheduler tool, efficiency calculator tool

ADDITIONAL INFORMATION

Level: specialist medical trainees, medical specialists/consultants
Operating Room Leadership and Perioperative Practice Management

Second edition

Edited by Alan D. Kaye and Charles J. Fox, III

Louisiana State University

Richard D. Urman

Harvard Medical School, Massachusetts

Effective leadership is critical to ensuring safety, efficiency and maximum productivity in the operating room (OR). This practical, evidence-based book unpicks the dynamics of a successful OR environment to underline the key techniques for management of policies, systems, staff members and teams. Fully updated to include recent clinical guidelines, the book provides the ‘A-Z’ of OR management, including sections on metrics, scheduling, human resource management, leadership principles, economics, quality assurance, recovery and ambulatory practice. New chapters include future healthcare models, emergency preparedness and budgets amongst other topics. Written by authors with unrivalled experience in the field, chapters are laid out in an easy and clinically helpful format to assist learning, and real-life case studies cover seventy-three different clinically relevant pain topics. This book is an essential guide for anyone working in the OR including anaesthesiologists, surgeons, nurses, and administrators.

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Additional information

Level: specialist medical trainees, medical specialists/consultants
EMERGENCY MANAGEMENT OF INFECTION DISEASES

Second edition

Edited by Rachel L. Chin
Bradley W. Frazee
and Zlatan Coralic

University of California, San Francisco

Diagnosis and management of infectious disease are among the most common and challenging aspects of emergency practice. Ranging from surgical treatment of a minor skin abscess to recognition of a rare tropical disease in a returning traveler to rapid resuscitation of a patient in septic shock, these problems will be familiar to every practicing acute care provider. Written by both infectious disease experts and practicing emergency physicians, this book is designed specifically for the acute care provider. It covers the most important pathogens and the most common clinical syndromes, organized by system and by special patient populations. The book features a comprehensive narrative, as well as high-yield tables covering key points on diagnosis and treatment. High quality color photographs assist with visual diagnosis. This book provides an invaluable resource for every practicing clinician who confronts the spectrum of infectious disease in the acute care setting.

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ADDITIONAL INFORMATION

Level: medical specialists/consultants; specialist medical trainees

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August 2018
276 x 219 mm   640pp
42 b/w illus. 125 colour illus. 421 tables
978-1-107-15315-8   Hardback
£105.00

WHY IT WILL SELL

• The fully revised second edition provides updated information on the organisms and antibiotics of infectious diseases and the associated treatments based on resistance in endemic areas
• Highly illustrated in full color throughout
• A comprehensive and easy to use resource to help quickly recognize and diagnose potentially life threatening infectious diseases

Previous edition sold in Japan
CASE STUDIES IN NEUROLOGICAL INFECTIONS OF ADULTS AND CHILDREN

Edited by Tom Solomon
University of Liverpool

Alastair Miller
Royal Liverpool Hospital

Benedict D. Michael
University of Liverpool

and Rachel Kneen
Alder Hey Children’s Hospital, Liverpool

The global burden of neurological infectious diseases is huge. Sometimes the diagnosis is straightforward. On other occasions it may be difficult, especially because of the overlap with inflammatory neurological conditions. Delays or missed diagnoses can have devastating consequences for patients. This book brings together adult and pediatric clinical cases in neurological infection and inflammation, including important conditions for both developed countries and resource-poor settings. Clinical case studies are recognized as a useful learning tool for clinicians at all stages in their careers. Each real case works through the history, examination, and investigation findings to the diagnosis and treatment pathway. This is followed by discussion of the key issues, with the inclusion of historical or quirky facts. Many cases are supported online by a certified post-case quiz, testing the reader’s clinical reasoning, integrative thinking, and problem-solving.

WHY IT WILL SELL

• The engaging case-based approach takes the reader through the diagnostic and therapeutic pathway in a format which reflects clinical practice

• Cases begin with no context or category and then walk the reader through the presentation of the patient, the diagnostic work-up, then targeted investigation leading to the final diagnosis

• Many cases are supported by a certified online post-case quiz, allowing the reader to test themselves
WHY IT WILL SELL

• Provides the first evidence-based reconceptualization of concussion in a century

• Comprehensively updates the neurobiology, epidemiology, pathophysiology, and management of concussive brain injury

• Clarifies the reasons for and risks of late effects after one or more concussive brain injuries

• Explores the underestimated impact of concussion on human society

CONCUSSION AND TRAUMATIC ENCEPHALOPATHY

Causes, Diagnosis and Management

Edited by Jeff Victoroff

University of Southern California

and Erin D. Bigler

Brigham Young University, Utah

Concussion and Traumatic Encephalopathy is a ground breaking text that offers neurologists, neuropsychologists, psychologists, and physiatrists the first comprehensive reconceptualization of concussive brain injury in 100 years. During the twentieth century, progress in understanding concussion was hamstrung by resistance to the observation that many survivors suffer long-term sequelae, and by the lack of advanced neuroimaging technologies. As a result, the potentially immense impact of concussion on global health was largely overlooked. The last decade has witnessed a dramatic renaissance in concussion science. We are just beginning to fathom the implications for society. Informed by twenty-first century advances, this new text updates the definition, epidemiology, pathophysiology, late effects, and promising therapies for concussion. Multiple experts have collaborated to summarize the latest scientific evidence in an engaging way and provide the reader with the first paradigm shifting textbook of this new era.

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ADDITIONAL INFORMATION

Level: medical specialists/consultants

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TRANSIENT ISCHEMIC ATTACK AND STROKE

Diagnosis, Investigation, and Treatment

Second edition

Gary K. K. Lau
Sarah T. Pendlebury
and Peter M. Rothwell

University of Oxford

The second edition of Transient Ischemic Attack and Stroke covers the clinical background and management of the full clinical spectrum of cerebrovascular disease, from TIA to vascular dementia, in a compact, but evidence-based format making a comprehensive primer in stroke medicine. Accurate diagnosis and appropriate investigation and management have a major impact on patient outcomes in cerebrovascular disease, such as the effect of urgent antithrombotic treatment on early recurrent stroke after TIA and minor stroke, the effect of interventions such as thrombectomy and hemicraniectomy in major acute stroke, and the effect of stroke units and organised stroke care. Written by a leading team of clinicians and researchers in the field, this book will be essential to neurologists, geriatricians, stroke physicians, allied health workers and all others with an interest in stroke.

CONTENTS


WHY IT WILL SELL

• A portable yet comprehensive ‘handbook’ that can be used as a practical reference text during everyday practice
• Covers recent research, clinical trials, and clinical guidelines in TIA and stroke medicine succinctly, offering an evidence-based primer on the subject
• Uniquely offers comprehensive information on the epidemiology and management on minor acute cerebrovascular events

NEW TO THIS EDITION

• Fully updated throughout to reflect the most recent research, clinical trials, and clinical guidelines in a succinct way

ADDITIONAL INFORMATION

Level: medical specialists/consultants

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A History of the National Hospital and its Institute of Neurology

Simon Shorvon
Institute of Neurology, University College London

With contributions by Andrew Lees
Institute of Neurology, University College London

Michael J. Clark
King’s College London

and Martin Rossor
Institute of Neurology, University College London

As the first neurological hospital in the world, founded in 1859, the National Hospital, Queen Square, and its affiliated Institute of Neurology remain leading neurological centres providing exceptional clinical services, teaching and research. Illustrated by over 100 historical images and much unpublished archival material, this book provides a comprehensive history of the National Hospital, the Institute, and their staff. It relates the ups and downs of the Hospital and Institute in war and peacetime, their financial struggles, many personality conflicts, efforts to remain independent and to maintain neurological dominance, academic and clinical contributions, issues relating to specialisation and subspecialisation and relations between disciplines, and the changing roles of the Hospital and Institute. The history is told from varying perspectives against the backdrop of the evolution of British clinical neuroscience, the special position of London medicine, and the influence of world wars, and is set in the context of modern British social history.

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Additional Information
Level: medical specialists/consultants
IMAGING BIOMARKERS IN EPILEPSY

Edited by Andrea Bernasconi
McGill University, Montréal

Neda Bernasconi
McGill University, Montréal

and Matthias Koepp
University College London

Epilepsy is a prevalent and serious neurological disorder. This vital textbook addresses the role of neuroimaging as a unique tool to provide in vivo biomarkers aimed at further our understanding of causes and consequences of epilepsy in a day-to-day clinical context. Unique in its approach, this translational book presents a critical appraisal of advanced pre-clinical biomarkers that allows capturing epileptogenesis at molecular, cellular, and neuronal system levels. The book is divided into four sections. Part I includes a series of chapters focused on imaging of early disease stages. Part II discusses lesion detection and network analysis methods. Part III focuses on imaging methods used to predict response to antiepileptic drugs and surgery. Finally, Part IV presents imaging techniques used to evaluate disease consequences.

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ADDITIONAL INFORMATION
Level: medical specialists/consultants
UNCOMMON CAUSES OF STROKE

Third edition

Edited by Louis R. Caplan
Beth Israel-Deaconess Medical Center, Boston
and José Biller
Loyola University Stritch School of Medicine, Chicago

Now in its third edition, this essential and detailed guide provides wide-ranging support for those diagnosing, treating and assessing complex types of cerebrovascular diseases, in a high pressure, time-constrained environment. Authored by leading clinicians in the field of neurology, and supported by advanced in brain-mapping technologies, this cutting-edge manual provides physicians, neurologists and emergency practitioners at all levels with a vital commentary on those relatively uncommon types of cerebrovascular disease that can lead to patients suffering a stroke. This new edition offers chapter-by-chapter imaging findings, evaluation and management advice, alongside insights into new topics such as CARASIL, sickle cell disease, radiation-induced cerebrovascular disease and blue rubber bleb syndrome. Updated and thorough, the guide provides a clear presentation on the nature, diagnosis, and treatment of everyday symptoms, through to more specialised cases. Building upon existing experience, practitioners can confidently assess patient needs, and correctly diagnose symptoms first time.

CONTENTS


ADDITIONAL INFORMATION Level: medical specialists/consultants

WHY IT WILL SELL

• Includes up-to-date and niche research into complex causes of stroke
• The most extensive and wide-ranging volume available on the topic
• Authored by clinicians who have first-hand experience in diagnosing and assessing rare causes of stroke
• A ready source of information

NEW TO THIS EDITION

• Includes seventy-seven new or updated causes of stroke

July 2018
276 x 219 mm  644pp
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£150.00
NEUROREHABILITATION THERAPY AND THERAPEUTICS
Edited by Krishnan Padmakumari Sivaraman Nair
Royal Hallamshire Hospital, Sheffield

Marlís González-Fernández and Jalesh N. Panicker
Johns Hopkins University Hospital, Maryland and National Hospital for Neurology and Neurosurgery, London

Cognitive impairment, dysphagia, communication issues, pain, spasticity, bladder dysfunction, sexual dysfunction and bowel incontinence are but a few problems frequently reported by individuals living with long-term neurological conditions. The management of long-term neurological conditions requires co-ordinated inputs from multiple disciplines, and this practical handbook facilitates this by combining physical, cognitive and psychological strategies to patient management. Featuring contributions from leading experts in neurology, health services and clinical rehabilitation, this book is a comprehensive overview of common neurological impairments and solutions. It adopts an evidence-based approach to both pharmacological and non-pharmacological options for alleviating neurological symptoms. An easy-to-refer to guide, bridging multiple disciplines, aided by current research, to provide effective, and practical management for all aspects and issues arising in the rehabilitation phases of the neurological patient. This unique pocketbook is intended for practitioners at all levels, and is ideally suited as a quick guide during ward rounds, out-patient clinics and therapy sessions.

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ADDITIONAL INFORMATION
Level: medical specialists/consultants
CLINICAL NEUROENDOCRINOLOGY

An Introduction

Michael Wilkinson
and Ali Imran
Dalhousie University, Nova Scotia

This innovative, introductory text is authored by key subject leaders in clinical neuroendocrinology with decades of research and teaching experience. Addressing the need for a concise description of human neuroendocrine systems, this important review of various significant basic science advances is relevant to all levels of experience. An indispensable resource for a variety of learners, this book will also enable biomedical science graduate students, to extend their knowledge using its valuable clinical context. Beautifully illustrated, the text integrates basic scientific principles with clinical cases, and includes several illustrated imaging studies and in-depth discussions of basic principles and their interpretations. Extensive reference lists of clinical papers, teaching resources and a selection of review questions are included with each chapter, emphasizing the real-life importance of basic neuroendocrine principles in human health and disease. Clinical reviews are included to provide convenient links to more specialized texts, ensuring a successful springboard for learners, worldwide.

CONTENTS


ADDITIONAL INFORMATION

Level: medical specialists/consultants

WHY IT WILL SELL

- A concise overview of the key basic principles in clinical neuroendocrinology, underlying their diagnosis and management
- Includes reference lists of clinical papers, teaching resources and a selection of review questions with each chapter, to emphasize their real-life importance
- Beautiful illustrations combine basic scientific principles with real clinical cases
- Includes several illustrated imaging studies, and in-depth discussions of basic principles and their interpretations
- An indispensable tool for medical students, endocrine trainees, and biomedical science graduate students, as well as clinicians
NEUROPSYCHOLOGICAL CONDITIONS ACROSS THE LIFESPAN

Edited by Jacobus Donders
Mary Free Bed Rehabilitation Hospital, Michigan

and Scott J. Hunter
University of Chicago

This unique analysis of neuropsychological conditions provides readers with a review of both pediatric and adult presentations in one convenient place. Covering the most common disorders encountered in clinical practice, including those specific to the extremes of the age spectrum, this book provides dedicated chapters on:

- Preterm and low weight birth
- Spina bifida myelomeningocele
- Autism spectrum disorder
- Intellectual disability
- Fetal alcohol spectrum disorders
- Attention-deficit/hyperactivity disorder
- Learning disability
- Traumatic brain injury
- Cancer
- Epilepsy
- Human immunodeficiency virus
- Multiple sclerosis
- Stroke
- Dementia

Each chapter provides evidence-based guidelines that can be readily applied to daily practice.

CONTENTS


ADDITIONAL INFORMATION

Level: medical students, medical specialists/consultants
ACUTE CARE NURSING
Edited by Julia Gilbert
Federation University Australia

and Elisabeth Coyne
Griffith University, Queensland

Acute Care Nursing provides an accessible and practical overview of the role of the nurse in acute medical and surgical settings in the Australian and New Zealand context. Linking closely with the Australian ‘Registered nurse standards for practice’ and the New Zealand Competencies for Registered Nurses, this text equips students with foundational knowledge of the pathophysiology, treatment and legal and ethical issues associated with common acute conditions. Through the person-centred, collaborative care approach, students will also learn effective communication, decision-making and cultural competency skills that are essential for nurses in any practice context. Each chapter is enriched with pedagogical features designed to solidify understanding and promote critical thinking, including case studies, reflections, key terms, review questions, research topics and further readings. Offering students a relevant and contemporary understanding of the acute care context, Acute Care Nursing is an essential companion that can be taken from the classroom into practice.

CONTENTS

ADDITIONAL INFORMATION
Courses: Acute Care Nursing
Level: undergraduate students

WHY IT WILL SELL
• Provides a structured overview of the role of the nurse in the care of clients in the acute setting
• Presents a narrative-style, person-centred approach to nursing in the acute context
• Contextualises acute care nursing for Australian and New Zealand students by including local statistics, frameworks, policies and content written by respected Australian academics and practising nurses
Commencing a nursing qualification can be an exciting and daunting prospect. The Road to Nursing empowers nursing students to become effective practitioners by providing an in-depth foundational knowledge of the key concepts and skills that will underpin their entire nursing journey. Written by an expert team of academics and practising nurses, this text emphasises the importance of meaning-making, supporting students to critically engage with key knowledge that informs their ongoing learning, development and professional identity. Each chapter supports learning through pedagogical features including case studies, nursing perspectives, reflections, key terms, review questions and research topics. The additional activities accessed through the VitalSource eBook reaffirm comprehension and encourage critical thinking. The Road to Nursing is written in an accessible narrative style, providing a friendly guiding voice that will support students from the classroom into practice.

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### ADDITIONAL INFORMATION

Courses: Foundations of Professional Practice, Essential Nursing Care, Contexts of Nursing

Level: undergraduate students, graduate students
PLACENTAL-FETAL GROWTH RESTRICTION

Christoph Lees
Imperial College London

Gerard H. A. Visser
Universiteit Utrecht, The Netherlands

and Kurt Hecher
University Medical Centre, Hamburg

Master the effective evaluation, analysis and management of placental-fetal growth restriction (PFGR), developing strategies to reduce the risk of perinatal mortality and morbidity in patients worldwide. Extensively researched by international experts, this manual provides practitioners with a detailed, hands-on approach to the practical ‘pearls’ for direct patient management. This authoritative volume advises on matters such as the correct evaluation and management of high-risk patients in danger of PFGR through to delivery.

Extensive and wide-ranging, this book is an invaluable companion to the developing research interest and clinical applications in PFGR, including developmental outcomes in early childhood. Featuring a critical evaluation of a variety of abnormal conditions, such as fetal hypoxia and extreme prematurity, which are clearly displayed through extensive illustrations, this essential toolkit ensures that practitioners at all levels can effectively limit adverse outcome and reach the correct diagnosis.

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ADDITIONAL INFORMATION

Level: medical specialists/consultants
FERTILIZATION

The Beginning of Life

Brian Dale
Villa del Sole Clinic, Naples

This book introduces readers to the fascinating interaction of specialized gamete cells, forming the early embryo and a blueprint of new life. Readers will gain a thorough understanding of the complex physiological events and mechanical processes – such as ionic regulation, metabolism and intracellular signalling – to decipher cause and effect in fertilization. Wide-ranging in its approach, this book describes fertilization as a highly conserved mechanism throughout the animal kingdom, taking case studies from echinoderms, ascidians, amphibians and mammals through to other phyla. An excellent companion to undergraduate and postgraduate students of medicine, veterinary and biological sciences, this text provides an underpinning of the mechanisms of fertilization that inform assisted reproduction practice and research in medicine and agriculture. It explores the detailed phases before fertilization: the oocyte as a quiescent cell, attracting its partner gamete, followed by a cascade of pre-determined physiological events, to form the dynamic zygote cell; setting the scene for the early embryo, and beyond.

CONTENTS


ADDITIONAL INFORMATION

Level: specialist medical trainees, medical specialists/consultants

WHY IT WILL SELL

• Takes a comparative look at the fertilization process, across the animal kingdom
• Tackles fertilization from a dynamic viewpoint, transmitting a multitude of changes that occur in gametes during fertilization
• Describes the first moments of a new life, indicating the complex transformation from an oocyte into an embryo
Professional development skills encompass non-clinical attributes that contribute towards career development, research and high-quality clinical practice. Professional bodies such as the Royal College of Obstetrics and Gynaecology (RCOG) are placing increasing importance on these skills and they now form part of the RCOG core curriculum, making these skills essential requirements for all junior doctors and newly appointed consultants in today’s health service. This book is an in-depth review of professional development skills, illustrated by case-histories from obstetrics and gynaecology. Issues related to human factors – such as communication, situational awareness, decision-making and team-working – will form the basis of the book. Candidates sitting the Membership of the Royal College of Obstetrics and Gynaecology (MRCOG) examination will gain a better understanding of the principles of professionalism and clinical governance within the specialty. This book is also a useful tool for trainees in their advanced years of training and for newly appointed consultants.

Contents

Additional Information
Level: specialist medical trainees
PRACTICAL PROBLEMS IN ASSISTED CONCEPTION

Edited by Ying Cheong
University of Southampton

Togas Tulandi
McGill University, Montréal

and Tin-Chiu Li
The Chinese University of Hong Kong

Engage with practical and active solutions to day-to-day issues of reproductive medicine and the use of artificial reproductive techniques (ART), occurring in clinical and laboratory environments. Authored by leading experts in the field, this user-friendly guide is invaluable for any IVF practitioner and embryologist, facing everyday hands-on issues, through to high-pressure laboratory problems, efficiency ratings and ensuring cost-effective delivery of care. With the strict governance of regulatory bodies worldwide, the success of any fertility centre depends on successful problem solving, all day every day. Based on a wealth of experience, identify commonly occurring problems, and fresh perspectives of problem-solving, with ‘must-have’ protocols, patient information sheets and suggested equipment. This go-to companion tackles operational, organisational, clinical and laboratory issues to financial and clinical governance, with a focus on quick and effective solutions for the busy practitioner.

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ADDITIONAL INFORMATION Level: medical specialists/consultants
REPRODUCTIVE SURGERY

The Society for Reproductive Surgeons’ Manual

Edited by Jeffrey M. Goldberg
Cleveland Clinic

Ceana H. Nezhat
Nezhat Medical Center, Atlanta

and Jay Sandlow
Medical College of Wisconsin

Gain confidence in the surgical management of female and male infertility. Authored by leading experts in operative gynecology and urology, in collaboration with the Society of Reproductive Surgeons, this valuable handbook provides readers with a comprehensive understanding of the indications, techniques, and outcomes of modern reproductive surgery. This manual presents clear step-by-step instructions illustrated with intraoperative photographs and surgical videos in order to offer patients surgical options and avoid, or improve, IVF.

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ADDITIONAL INFORMATION

Level: medical specialists/consultants

WHY IT WILL SELL

- Developed in collaboration with The Society of Reproductive Surgeons, promoting excellence in gynecologic and urologic reproductive surgery
- Easy to follow, step-by-step instructions, illustrations and videos
- Written by leading experts in operative gynecology and urology, providing ‘tricks of the trade’, for practitioners of all levels
OFFICE GYNECOLOGY

A Case-Based Approach

Edited by David Chelmow
Virginia Commonwealth University

Hope Ricciotti
Harvard Medical School, Massachusetts

Nicole Karjane
Virginia Commonwealth University

and Amy Young
University of Texas, Austin

This case-based guide covers 100 gynecologic problems commonly encountered in office practice settings, from the simple to the complex. It encourages evidence-based care and incorporates up-to-date guidance on evaluation and management in office practice. Clinical problems are discussed in a clear, case-based format. The book integrates current guidelines and recommendations, supplemented with carefully-researched and vetted expert opinion for situations for which no guidelines exist. Each gynecologic problem is assessed through a brief case presentation followed by an in-depth discussion with visual aids. Question and answer sections feature teaching points. Cases and discussions are detailed enough to guide practice, yet remain focused and concise, with each case designed to be read in the time available when seeing a patient in clinical practice. An invaluable reference guide for gynecologists, family physicians, internal medicine providers, and other women’s health care providers who offer office-based gynecologic care.

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assault; 32. A 35 year old woman BMI of 40 presents requesting oral contraceptive pills; Section 5. Breast Problems; 33. A 41 year old woman with bilateral clear nipple discharge; 34. A 38 year old woman with new onset unilateral bloody nipple discharge; 35. A 34 year old newly pregnant patient with a breast mass; 36. A 29 year old woman with lactational mastitis and persistent fevers and erythema 48 hours after initiating antibiotic therapy; 37. A 45 year old with unilateral breast pain; Section 6. Cancer Screening and Prevention: 39. A 22 year old with LSIL on initial cytology; 40. A 25 year old woman who has received a letter from an aunt recommending Lynch testing; 41. A 30 year old woman with positive margins on LEEP for HSIL; 42. A 32 year old woman whose paternal aunt and grandmother had ovarian cancer; 43. A 23 year old with HSIL on cytology; 44. A 32 year old with strong family history of breast cancer not linked to BRCA mutation; 45. A 25 year old with LSIL desiring HPV vaccination; Section 7. Vulvar Disease: 46. A 55 year old with white itchy lesion on vulva; 47. A 55 year old with a new wart; 48. A 25 year old with perineal pain and inability to have intercourse; 49. A 30 year old with new vulvar lesions; 50. A 50 year old with lichen sclerosis and fused labia with UTIs; 51. A 25 year old with recurrent candida vaginitis; 52. A 35 year old woman complaining of a ‘knot’ in the vulva; Section 8. Infertility: 53. A couple with Medicaid and no conception after 2 years; 54. A 33 year old with infertility; 55. A 26 year old with irregular menses and infertility; 56. A 32 year old with a 3 cm endometrioma and infertility; 57. A 32 year old G3POA3 who presents for evaluation after recurrent pregnancy loss; Section 9. Preconception Planning: 58. A couple planning pregnancy who just returned from Brazil; 59. A 26 year old with a history of depression planning pregnancy; 60. A 25 year old with a history of DVT presents for preconception counselling; 61. A 25 year old Ashkenazi Jewish woman who desires pregnancy; 62. A 40 year old with chronic hypertension on altenolol planning pregnancy; 63. A 30 year old with history of diabetes controlled on oral agents planning pregnancy; Section 10. Pediatric and Adolescent Problems: 64. A 14 year old with large labia; 65. A 16 year old with acne, hirsutism, and irregular menses; 66. An 8 year old with persistent vulvar itching; 67. A 4 year old with recurrent vulvar discharge and itching; 68. A 12 year old with painful vulvar ulcers; 69. A 15 year old who is unable to use a tampon; 70. A 6 year old girl with breast development; 72. 13 year old with primary menorrhea and cyclic abdominal pain; 73. 17 year old female with secondary amenorrhea; Section 11. Pelvic Masses and Cysts: 74. A 53 year old with 3 cm dermoid noted as incidental finding on CT; 75. A 60 year old with a 4cm simple ovarian cyst; 76. A 25 year old with a 2 cm simple asymptomatic cyst noted incidentally on ultrasound; 77. A 25 year old with endometriosis with a 4 cm endometrioma; 78. A 25 year old with abrupt onset of pelvic pain, nausea and vomiting, and adnexal mass; 79. A 30 year old with fever, abdominal pain, vaginal discharge and adnexal mass; 80. A 45 year old who complains of pelvic pain one year after TLH/BSO for endometriosis; 81. A 21 year old G1 at 5 weeks EGA with left lower quadrant pain; Section 12. Incontinence and Prolapse: 82. A 30 year old 6 weeks after vaginal delivery with flatal incontinence; 83. A 46 year old with leakage of urine; 84. A 50 year old with microscopic hematuria and negative urine culture; 85. A 55 year old with urinary urgency and negative urinalysis and culture; 86. A 30 year old with frequency, urgency, nocturia and pressure relieved by urination, no infection; 87. A 25 year old with recurrent urinary tract infections; 88. An 80 year old with total procidentia presenting with vaginal irritation; 89. A 60 year old presents with difficulty with defecation; Section 13. Behavioral, Sexual, and Social Health: 90. A 25 year old with recurrent STDs; 91. A 41 year old with loss of interest in having sex; 92. A 28 year old transgender woman requesting Well Woman Visit; 93. A 35 year old female to male transgender with vaginal spotting on testosterone; 94. A 23 year old female who reports inability to consummate her marriage due to vaginal pain; 95. A tearful 32 year old two weeks requesting sleeping aid two weeks after delivery; Section 14. Menopause and Aging: 96. A 50 year old breast cancer survivor with severe hot flashes; 97. A 56 year old with dyspareunia; 98. A 60 year old with FRAX score of 10% probability of osteoporotic fracture; 99. A 45 year old with menses every 60-90 days and hot flashes; 100. A 70 year old victim of elder abuse.

ADDITIONAL INFORMATION

Level: specialist medical trainees, medical students
HOW TO PREPARE THE ENDOMETRIUM TO MAXIMIZE IMPLANTATION RATES AND IVF SUCCESS

Edited by Gabor Kovacs
Monash IVF, Australia

and Lois Salamonsen
Monash University, Victoria

The last step in the IVF treatment cycle, embryo transfer is also the process with the highest failure rate. No matter how good laboratory technique is, a successful pregnancy will not result without meticulous preparation of the uterus to accept the embryo. This book reviews the scientific evidence on endometrial receptivity, including histological, hormonal, biochemical, and immunological factors. Practical and concise, it supports gynecologists and embryologists to make evidence-based decisions that can influence the success rates of implantation and live births. Part of a series of books offering treatments and strategies for fertility and conception to optimize IVF outcomes, this volume is for all clinicians and embryologists working in reproductive medicine.

CONTENTS


ADDITIONAL INFORMATION

Level: medical specialists/consultants
A PRACTICAL MANUAL TO LABOR AND DELIVERY

Second edition

Shad Deering

Uniformed Services University of the Health Sciences, Maryland

Packed with the most up-to-date recommendations, this invaluable preparatory handbook is a trusted resource for all levels of providers that care for laboring patients. Gain confidence in managing patients from when they present to triage all the way through labor, delivery and the postpartum period. Gives providers critical clinical algorithms for routine and emergency situations and procedures. Includes: detailed description of common obstetric procedures and examinations, evidence-based practice recommendations for labor management and pain control options, sample notes, orders, and operative dictations for cesarean section, multiple illustrations and treatment algorithms that clarify and explain details students and residents are most likely to encounter during obstetric rotations. Written by an experienced maternal fetal medicine physician, this book fills practical knowledge gaps left by conventional textbooks. It provides comprehensive insights for labor management, including emergencies, and improves provider confidence resulting in better care of obstetric patients.

CONTENTS


ADDITIONAL INFORMATION

Level: medical students, specialist medical trainees

WHY IT WILL SELL

• Details common obstetric procedures and examinations, ideal for any level provider working on a labor and delivery ward, especially medical students and residents on obstetric rotations

• Provides practical, evidence-based practice recommendations for labor management

• Includes high-quality illustrations and treatment algorithms, to clarify the details of situations that practitioners are most likely to encounter

• Features detailed sample notes, orders, and dictations for users to learn how to document key information in a concise format

NEW TO THIS EDITION

• Includes the most recent literature and evidence for use of steroids for fetal lung maturity, new definitions for labor progress and more evidence-based guidelines for cesarean section techniques and many other facets of obstetrics
EPONYMS AND NAMES IN OBSTETRICS AND GYNAECOLOGY

Third edition

Thomas F. Baskett

Few specialties have a longer or richer eponymous background than obstetrics and gynaecology. Eponyms add a human side to an increasingly technical profession and represent the historic tradition and language of the speciality. This collection aims to perpetuate the names and contributions of pioneers and offer introductory profiles to the founders in whose steps we follow. This third edition includes twenty-six new entries, as well as expanded detail, illustration and quotation for existing entries. Biographical data and historical and medical context are discussed for each of the 391 names, with reference to thirty-four countries, reflecting the field’s far reaching origins. More than 1700 original references feature, alongside an extensive bibliography of more than 2500 linked references to assist readers searching for more detailed information. A volume for physicians, midwives, medical historians, medical ethicists and all those interested in the history and evolution of obstetrical and gynaecological treatment.

CONTENTS

About the author; Preface; Acknowledgements; Image credits; A-Z of eponyms and names in obstetrics and gynaecology; Index.

ADDITIONAL INFORMATION

Level: medical specialists/consultants, specialist medical trainees
Due to common early development, the pathology of the urogenital tract in males and females present many similarities. Richly illustrated in colour throughout, this essential text evaluates the most common pathologies of the male and female urogenital tract, focussing on similarities, differences, and challenges. Images are colour coded by gender, and feature diagnostic algorithms and boxes highlighting key similarities and differences. This book is intended to bridge the gap between urologic and gynecologic specialties, whose diagnoses are rarely considered or studied together. Understanding common development, similarities and differences is extremely valuable for the evaluation of pathologic features and related dysfunctions. This comprehensive resource will be invaluable to urological and gynaecological pathologists, residents, general pathologists, and for consultants in urology and gynaecology to gain experience in the pathologic diagnostic rationale. This book provides entry to an online version on Cambridge Core, which can be accessed via the code printed on the inside of the cover.
SELF-ASSESSMENT IN DERMATOPATHOLOGY

Meera Mahalingam

VA Consolidated Laboratories, New England

An essential examination resource for anyone sitting their primary or maintenance of certification examinations in dermatology, pathology or dermatopathology, Self-Assessment in Dermatopathology uses histopathology as a catalyst for constructive and critical thinking and to trigger relevant clinical, genetic and syndromic associations. Concise explanations at the end of each chapter give short answers to each question and expand on each answer choice. Each chapter consists of an increasingly difficult selection of questions, allowing the reader to develop and self-test their knowledge. Tables relevant to the section covered have also been incorporated in the answer section. Using this practical approach, the reader will become familiar with the pathologic basis of clinically relevant dermatoses and cutaneous tumors. The question and answer format make this book the first resource of its kind. Thinking about information in a new way is the foundation of this book, making it an invaluable addition for any trainee.

CONTENTS


ADDITIONAL INFORMATION

Level: specialist medical trainees, medical specialists/consultants
PLACENTAL AND GESTATIONAL PATHOLOGY

Edited by Raymond W. Redline
Case Western Reserve University, Ohio

Theonia K. Boyd and Drucilla J. Roberts
Harvard Medical School, Massachusetts

This concise and comprehensive resource is vital for the pathologist faced with providing accurate, timely, and clinically useful diagnoses for placentas, products of conception, and gravid hysterectomies. Combining the pathologic, research, and clinical expertise of a diverse group of editors and authors from centers of excellence for placental pathology, this book enables easy application of the latest Amsterdam international consensus classification criteria, with cross-references to previous terminology and a pathophysiology-based classification system. It provides complete descriptions and illustrations of diagnostic gross, microscopic, and immunohistochemical findings together with a thorough discussion of potential pitfalls and differential diagnosis. Current theories of the genetic and physiologic basis for disease processes, culminating in placental lesions are discussed. The book features high-quality images and standardized measurement tables to assist real-time diagnoses and provides access to an online version on Cambridge Core, which can be accessed via the code printed on the inside of the cover.

CONTENTS


ADDITIONAL INFORMATION

Level: medical specialists/consultants, specialist medical trainees
Series: Diagnostic Pediatric Pathology
Trauma and Posttraumatic Stress Disorder

Global Perspectives from the WHO World Mental Health Surveys

Edited by Evelyn J. Bromet
State University of New York, Stony Brook

Elie G. Karam
St George Hospital University Medical Center, Lebanon

Karestan C. Koenen
Harvard University, Massachusetts

and Dan J. Stein
University of Cape Town

Posttraumatic stress disorder (PTSD) is a chronic, under-detected and under-treated psychiatric consequence of trauma that is often linked to new-onset medical and psychological conditions, impaired quality of life and long-term disability across the globe. This book is the first systematic analysis of the rates, risk factors, consequences and global burden of trauma and PTSD across a variety of wealthy and underdeveloped settings. An analysis of a global survey conducted by the World Health Organization and featuring findings from over 70,000 participants around the world, this text demonstrates a unique perspective on the prevalence of exposure to trauma and PTSD and the impact it has on population health. The findings inside this text underscore the urgent need for policymakers and healthcare providers to prioritize interventions aimed at reducing the burden of trauma, PTSD and its consequences.

CONTENTS


ADDITIONAL INFORMATION

Level: medical specialists/consultants, specialist medical trainees

WHY IT WILL SELL

• Provides analysis of thirty unique trauma exposures across twenty-six sites around the globe
• Sheds light on the factors associated with the onset of PTSD, and the psychological consequences that follow in its wake
• Provides psychologists and clinicians with recommendations from the DSM-5 and ICD-11
BACK TO LIFE, BACK TO NORMALITY 2

CBT Informed Recovery for Families with Relatives with Schizophrenia and Other Psychoses

Edited by Douglas Turkington
Institute of Neuroscience, Newcastle University
and Helen Spencer
Northumberland, Tyne and Wear NHS Foundation Trust

What do I do when my son or daughter appears to be hallucinating, paranoid or has stopped looking after themselves? Written for family members and friends of those who suffer from schizophrenia and other psychoses, Back to Life, Back to Normality 2 describes the typical symptoms and problems of those suffering from psychotic disorders and discusses how a relative can best listen, interact and communicate their support. Research conducted by authors Professor Douglas Turkington and Helen Spencer has shown that individuals without psychiatric training and qualifications can easily learn and safely use some basic cognitive behavioural therapy (CBT) techniques to help communicate effectively and provide support to their loved one suffering from psychosis. These techniques are described and illustrated with examples throughout this book, to allow carers to learn how to provide the best possible support and help facilitate a recovery for those suffering.

CONTENTS


ADDITIONAL INFORMATION

Level: general readers, specialist medical trainees

WHY IT WILL SELL

• Proposes CBT strategies which are easy to understand and implement within the home environment
• Takes a recovery focused perspective to improve hope and optimism in family care
• Illustrates techniques for the most intractable and resistant symptoms which most impair social functioning and are usually unresponsive to medication.
THE DEMENTIA MANIFESTO

Putting Values-Based Practice to Work

Julian C. Hughes
Institute for Ageing and Health, Newcastle

and Toby Williamson
Toby Williamson Consultancy

This book represents a new turn in approaching dementia. It is a manifesto which sets out important principles about the nature of dementia both as a disease and as a disability and explores how a values-based, person-centred and rights-based approach can be applied to every aspect of the experience of dementia. Using vignettes, the book covers a variety of issues such as diagnosis, treatment, care, social attitudes, research, public policy and funding. It reflects the considerations of the patient and their carers as well as the perspectives of healthcare professionals, researchers and policy makers. The Dementia Manifesto promotes the concepts of ‘values’ and disability rights, as well as the growing focus on creating an environment for people to live well with their condition. It will appeal to a range of clinicians, practitioners, academics and students from a variety of specialties.

CONTENTS


ADDITIONAL INFORMATION

Level: medical specialists/consultants, specialist medical trainees
Series: Values-Based Practice
ALEXITHYMIA

Advances in Research, Theory, and Clinical Practice

Edited by Olivier Luminet
Université Catholique de Louvain, Belgium

R. Michael Bagby
University of Toronto

and Graeme J. Taylor
University of Toronto

Alexithymia is a personality trait characterised by difficulty identifying and describing subjective emotional feelings, a restricted imagination, and an externally oriented style of thinking. Individuals with high levels of this trait are at risk of developing several common psychiatric disorders. The concept of alexithymia has evolved considerably over the past twenty years, and this important new work responds to the need for a definitive book on the subject. The research, theory and clinical issues surrounding alexithymia are discussed in depth, examining the psychological, biological and social aspects of the construct and their related outcomes. Featuring contributions from researchers and clinicians in the field of emotion processing and regulation, chapters include methods for assessing and reducing alexithymia, and research findings from diverse fields of scientific enquiry including genetics, neuroimaging studies, emotion regulation, attachment and trauma research, and comorbidities with a number of psychiatric and medical disorders.

CONTENTS


ADDITIONAL INFORMATION

Level: medical specialists/consultants, academic researchers

WHY IT WILL SELL

• Discusses the state of the art alexithymia research – there has not been a comprehensive book on the topic for more than twenty years
• Demonstrates the relationship between alexithymia and various medical and psychiatric disorders, and offers therapeutic interventions for reducing this personality trait
• The book will help to develop more integrative research and interventions in the future
AUTISM AND PERVASIVE DEVELOPMENTAL DISORDERS
Third edition
Edited by Fred Volkmar
Yale University School of Medicine, Connecticut and Yale-New Haven Hospital

Interest in autism and related disorders has exploded. Established as an essential book on this complex syndrome, the new edition has been extensively revised to reflect significant advances in research. Featuring contributions from leading international authorities in the clinical and social sciences, the book covers recent progress in our understanding of the field and offers a perspective on the present state of the discipline. With new material on topics such as evidence-based treatment and practice, the book covers changes in diagnosis resulting from publication of DSM-V, and developments in how autism is understood, including the removal of language delay as a necessary diagnostic criterion. Far-reaching, the book considers aspects from epidemiology, genetics, and neurobiology, to core symptoms, early interventions, and pharmacology. One section critically surveys the history of autism as a diagnostic concept, and issues such as an ageing population and the impact of research on national policy are considered.

CONTENTS

ADDITIONAL INFORMATION
Level: medical specialists/consultants, professionals

WHY IT WILL SELL
• Extensively revised to reflect current knowledge, with new sections on social policy and additional authors discussing psychological development, psychopharmacology, and educational interventions
• Reflects current knowledge in an accessible manner, with contributions from leading authorities in the clinical and social sciences, making the book essential for both professionals and students in the wide range of disciplines now interested in autism
• The diverse clinical picture of autism is considered, and the book analyses a range of aspects, including genetics, neurobiology, epidemiology, core symptoms, early interventions and pharmacology
BIPOLAR II DISORDER

Modelling, Measuring and Managing

Third edition

Edited by Gordon Parker

University of New South Wales, Sydney

The lifetime risk of developing bipolar II disorder is 5-7%, yet the condition is often poorly detected. Mood elevation states are less extreme than in bipolar I disorder although the depressive episodes are usually severe. When correctly treated, the outcome is positive, but bipolar II is often poorly managed, resulting in a high suicide rate. This is the only academic and clinical management review focused entirely on bipolar II, scrutinizing history, epidemiology, burden and neurobiology and including an extensive clinical debate by international experts about effective management strategies. Now in its third edition, this book features new chapters on the limitations to clinical treatment trials and perinatal management nuances. In a completely new section, international experts offer their personal responses and distinctive wisdom to key management issues and allow the reader to observe a variety of opinions.

CONTENTS


ADDITIONAL INFORMATION

Level: medical specialists/consultants, academic researchers
Stahl’s Essential Psychopharmacology

Volume 1

Stephen M. Stahl

University of California, San Diego

Child and adolescent psychopharmacology is a rapidly growing field with psychotropic medications used widely in the treatment of this patient group. However, psychopharmacological treatment guidelines used for adults cannot simply be applied for children or adolescents, thus presenting clinicians and nurse practitioners with assessment and prescribing challenges. Based on the best-selling resource Stahl’s Prescriber’s Guide, this new book provides a user-friendly step-by-step manual on the range of psychotropic drugs prescribed for children and adolescents by clinicians and nurse practitioners. Reviewed by expert child and adolescent psychiatrists, the medications are presented in the same design format in order to facilitate rapid access to information. Each drug is broken down into a number of sections, each designated by a unique color background thereby clearly distinguishing information presented on therapeutics, safety and tolerability, dosing and use, what to expect, special populations, and the art of psychopharmacology, and followed by key references.

CONTENTS


ADDITIONAL INFORMATION

Level: medical specialists/consultants, professionals
PRIMARv CARE MENTAL HEALTH

Second edition

Edited by Linda Gask
University of Manchester

Tony Kendrick
University of Southampton

Robert Peveler
University of Southampton

and Carolyn A. Chew-Graham
Keele University

Around ninety per cent of all patients with mental health problems are managed solely in primary care, including thirty-five per cent of all those with serious mental illness. Primary care plays an increasingly essential role in developing and delivering mental health services, and in the wellbeing of communities. In this book, internationally respected authors provide both a conceptual background and practical advice for primary care clinicians and specialist mental health professionals liaising with primary care. Clinical, policy and professional issues, such as working effectively at the interface between services, are addressed, with a key focus on patient and service user experience. Following the highly successful first edition, which was awarded first prize at the BMA Medical Book Awards in the category of Primary Health Care, this fully updated volume includes new chapters on mental health and long-term physical conditions, prison populations, improving access to care and public mental health.

WHY IT WILL SELL

• Offers a multidisciplinary approach for the field, ensuring broad-based understanding and reflective practice
• Provides a patient-orientated perspective, considering what it feels like to navigate services, and wide-ranging clinical guidance for common scenarios
• Critically analyses key policy areas in the field, relevant for designing and implementing evidence-based primary care mental health services

CONTENTS


ADDITIONAL INFORMATION

Level: medical specialists/consultants, primary care physicians/GPs
Series: Royal College of Psychiatrists
**JUSTICE FOR CHILDREN AND FAMILIES**

*A Developmental Perspective*

Edited by Mike Shaw

Tavistock Clinic, London

and Sue Bailey

Academy of Medical Royal Colleges, London

Children come into the world completely helpless, and require well-functioning families and schools to meet their needs, protect their interests and nurture their potential. This book argues that healthy child-development depends on values, ideas and structures that promote justice for children and families; in particular, checks and balances that favour:

- **Fairness**: allowing fair distribution of resources, so that every child and family have the best possible chance to reach their potential.
- **Protection**: resources for families, neighbourhoods and schools to help protect and encourage their children, alongside the means to intervene, should this protection fail.
- **Autonomy**: encouraging children’s voice and participation in decision-making at a level commensurate with their maturity.

Authored by leading experts in the field, the book is comprised of short, highly readable chapters with an interdisciplinary appeal, for practitioners of social science, law, social work, psychology, paediatrics, psychotherapy, psychiatry and public health alike.

**CONTENTS**


**ADDITIONAL INFORMATION**

*Level:* medical specialists/consultants, specialist medical trainees

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**WHY IT WILL SELL**

- Stimulates interdisciplinary interest and debate from leading practitioners and scholars of philosophy, social science, law, and public health
- Contains short, concise chapters, focussing on important questions, solvable problems and solutions, for practitioners in contact with child and adolescent psychiatry
- The book is written from the perspective of child development and under the headings of fairness, protection and autonomy, for clear, structured understanding at all levels
OBSESSIVE COMPULSIVE DISORDER

All You Want to Know about OCD for People Living with OCD, Carers, and Clinicians

Lynne M. Drummond
South West London and St George’s Mental Health NHS Trust

Assisted by Laura J. Edwards

Obsessive compulsive disorder affects between 1 and 3 per cent of the population. Ranging from relatively mild symptoms to being a profoundly disabling disorder, it is a condition that is amenable to modern treatments. This book examines the evidence for and potential role of a range of treatment methods, from CBT to pharmacological approaches. It asks what an individual can do to help themselves, and how friends and relatives can assist in the recovery process. Although firmly based in clinical research, it is written in a jargon-free and accessible style to help provide deep understanding of the disorder. Personal narratives and case studies of people living with OCD feature to illustrate points, and the book considers emerging research and the future of approaches to OCD. Built upon decades of experience, this guide will inform and support adults and young people living with OCD, as well as carers, families and health professionals.

CONTENTS

1. So what is OCD and is it really a problem?; 2. Who gets OCD and how would anyone know if they had it?; 3. Types and presentation of OCD; 4. Drug treatment; 5. Exposure and response prevention (ERP) for OCD; 6. Children and adolescents with OCD; 7. Old treatments, modern developments, new research and potential treatments for the future; 8. Other conditions which appear similar to OCD; 9. What can family and carers do to help a person with OCD?; 10. What can the person with OCD do to help themselves?

ADDITIONAL INFORMATION

Level: medical specialists/consultants, specialist medical trainees
Series: Royal College of Psychiatrists
NIDOTHERAPY

Harmonising the Environment with the Patient

Second edition

Peter Tyrer
Imperial College of Science, Technology and Medicine, London

and Helen Tyrer
Imperial College of Science, Technology and Medicine, London

We all think about the environment when treating mental illness, but we regard it as secondary to helping symptoms and behaviour. Nidotherapy is the collaborative and systematic process of changing the physical, social and personal environment for people who have failed to respond fully to conventional treatments. It can be given by therapists unqualified in other specific treatment interventions and is highly cost effective, and so offers great advantages in health services constrained by cost pressures. This new edition has been fully revised, and includes new chapters on the principles of nidotherapy, the evidence for its effectiveness, its use in intellectual disability and those of limited mental capacity, the skills needed for nidotherapy, the economic benefits and common misconceptions. This comprehensive guide shows how nidotherapy can be used across the range of mental disorders and gives evidence for its value.

CONTENTS


ADDITIONAL INFORMATION

Level: medical specialists/consultants, specialist medical trainees

WHY IT WILL SELL

• The only available book on the subject, this is a vital guide to the subject of nidotherapy
• Presents an excellent example of integrated health and social care – there is excellent evidence that nidotherapy saves money for health services
• Both a treatment and a set of principles, nidotherapy can be used in practice and as a general principle

NEW TO THIS EDITION

• The book has been completely rewritten with extra chapters on the principles of nidotherapy, the evidence for its effectiveness, its use in intellectual disability and those of limited mental capacity, the skills needed for nidotherapy, the economic benefits and common misconceptions.
• Describes two randomised trials in detail as supporting evidence for efficacy

December 2018
234 x 152 mm  128pp
7 b/w illus.  7 tables
978-1-911623-05-2  Paperback
£17.99
PSYCHOLOGY

PREScriber’s guide: ANTIPSychotics

Stahl’s Essential Psychopharmacology
Sixth edition

Stephen M. Stahl
University of California, San Diego

Assisted by Meghan M. Grady
Illustrated by Nancy Muntner

This spin-off from Stephen M. Stahl’s new, completely revised, and fully updated sixth edition of the Prescriber’s Guide covers the most important drugs in use today for treating patients suffering from psychotic illness. Now established as the indispensable formulary in psychopharmacology, easy to navigate and easy to use, the Prescriber’s Guide combines evidence-based information with clinically informed guidance to support clinicians in making the most effective prescribing decisions for the good of their patients. Incorporating information on the newest indications, new formulations, new recommendations and new safety data, this edition continues to provide the essential practical support required by anyone prescribing in the field of mental health.

CONTENTS

WHY IT WILL SELL

• Provides the most complete and up-to-date summary of the practical use of antipsychotics
• This book is presented in a templated format, fully indexed and cross-referenced for ease of navigation
• Icons appear next to key categories for each drug so that the prescriber can go easily and instantly to the information needed
• Written with the authority of evidence and the guidance of clinical wisdom

ADDITIONAL INFORMATION

Level: medical specialists/consultants, specialist medical trainees
SEMINARS IN THE PSYCHIATRY OF INTELLECTUAL DISABILITY

Third edition
Edited by Mark Scheepers
2gether NHS Trust
and Mike Kerr
Cardiff University

Now in its third edition, this high-quality, informative textbook presents intellectual disability and psychiatric presentation through the ages, to present a clear focus on issues relevant to psychiatric aspects for children and adults, at different stages of life. An ideal text for all psychiatrists, in training and in practice, this up-to-date, comprehensive guide to the understanding of intellectual disability features links to specific psychiatric competencies, vital for those undergoing training. Covering the breadth of psychological, service and biological factors affecting people with intellectual disability, this edition includes updates on a wide range of issues: from psychiatric diagnosis and management, through genetic causation, behaviour, health issues, mortality to delivery of services (historic and current). Key for multiple professional groups, and authored by leading specialists, this text provides the definitive collection of cutting-edge research on the psychiatry of intellectual disability.

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ADDITIONAL INFORMATION

Level: medical specialists/consultants, specialist medical trainees
Series: College Seminars Series
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